



**Have you moved house or changed your number recently?**

If you have, please notify us immediately on 01274 362050, or by email at [admin@oasislisterpark.org](mailto:admin@oasislisterpark.org)



@OasisListerPark

11th February 2022

## A message from our Leadership Team

Welcome to the first newsletter of 2022. I would like to wish our whole community, parents, and students a happy new year and extend our best wishes to you all.

In challenging times our whole school community continues to work together to provide the best possible education, care, and support to our young people. Over the last few weeks, we have had to ask some year groups to learn from home. These decisions were difficult to make but necessary under the circumstances and as an academy we thank you for your continued support. Students have been issued with 7th generation iPads to facilitate their learning, allowing learning to continue outside of the classroom where needed. We are proud of how our students have embraced this technology and envisage it to be instrumental in providing additional support to students in and out of the classroom.

As we now adapt to living with Covid and return to students sitting exams I would like to reiterate the importance of attendance. It is essential that students attend school every day, on time and ready to learn. Attendance and achievement go hand in hand, we must therefore, continue to strive for excellent attendance and in doing so support our students in achieving exceptional outcomes that enable them to live happy, healthy, and successful lives.

We break up for half term on Friday 18th of February and I wish you all a safe and restful break.



Mrs Mahmood - Assistant Principal

## M A T H S P U Z Z L E

Can you solve our Maths puzzle? Email Mr Ishaq to receive your reward!

### ARE YOU IN THE KNOW?

1 day off school = 5 lessons  
3 days off school = 15 lessons  
1 week off school = 25 lessons

Even 99-97% attendance can seriously impact outcomes, confidence and personal development

#MissSchoolMissOut



The total cost of a pair of shoes and a hoodie is \$150.

The hoodie costs \$100 more than the pair of shoes does.

How much does each item cost?



# STUDENT SECTION



**Students**  
Section

TAKE PART IN OUR EXTRACURRICULAR CLUBS LED BY PASSIONATE TEACHERS AND RISE STUDENTS, ALL ARE WELCOME TO JOIN: SUSTAINABILITY ACTION GROUP, STEM CLUB, DEBATE CLUB, POETRY SOCIETY, POWER CLASS, D OF E, PRIME TIME. CONTACT MISS AHMED SONIA.AHMED@OASISISTERPARK.ORG TO FIND OUT MORE

## D OF E

AN EXCITING OPPORTUNITY IS SOON TO BE REVEALED, ONE THAT COULD LEAD TO YOU HAVING DINNER WITH THE ROYAL FAMILY. STAY TUNED FOR DETAILS"

## SUSTAINABILITY ACTION GROUP

THE SUSTAINABILITY ACTION GROUP HAVE HAD A GREAT HALF TERM WITH LOTS OF PLANS TO HELP MAKE THE SCHOOL MORE SUSTAINABLE. THEY HAVE CREATED A STUDENT COMPETITION TO DESIGN STICKERS TO REMIND US ALL TO SWITCH OFF LIGHTS AND THEY HAVE DISTRIBUTED A STUDENT SURVEY LOOKING AT WHETHER WE CAN INCREASE THE NUMBER OF STUDENTS WHO WALK TO SCHOOL WITH THE AIM OF TRYING TO REDUCE THE NUMBER OF CARS COMING DOWN NORTH AVENUE. WE ALSO HAVE 200 WILD SEED BALLS ON ORDER FROM THE BBC'S PROGRAMME GREEN PLANET TO HELP US MAKE A WILD FLOWER AREA ON OUR SCHOOL SITE.



**RISE**  
To the top

STUDENTS IN THE HOPE CENTRE HAVE BEEN MAKING SOCK MONKEYS. THEY HAVE LEARNT HOW TO RECYCLE SOCKS TO MAKE A SOFT TOY. STUDENTS STARTED BY STITCHING THE BODY USING 1 OF THE SOCKS AND THEN STUFFING IT. THEY USED AN OVER STITCH TO CLOSE THE ENDS AND SECURE THE STUFFING. THE SECOND SOCK AS USED TO MAKE THE ARMS, EARS, TAIL AND MOUTH. SOME STUDENTS TOOK THE PROJECT FURTHER BY MAKING GARMENTS FOR THEIR MONKEYS SUCH AS A CLOAK AND DRESS. THE STUDENTS THOROUGHLY ENJOYED MAKING THE TOYS AND ALSO PERSONALISED THEM FOR THEIR YOUNGER BROTHERS AND SISTERS. IT WAS LOVELY TO SEE THEM STUDENTS ENGAGED IN THEIR WORK AND ENTHUSIASTIC TO TAKE THE PRODUCT HOME.

## FREE SCHOOL MEALS

To see if your child is eligible for Free School Meals please visit

[www.cloudforedu.org.uk/ofsm/link2ict](http://www.cloudforedu.org.uk/ofsm/link2ict)

Complete the form and submit, the automated checker will give you a response after a few minutes. If you the form is approved the school system will be updated automatically and your child will be eligible for free school meals.

## EMAIL REMINDER

**PLEASE CAN YOU ENSURE YOU RETURN THE LETTER YOUR CHILD WAS GIVEN WITH YOUR EMAIL ADDRESS IN ORDER FOR US TO UPDATE YOUR CONTACT DETAILS ON OUR SYSTEM AS THIS WILL BE THE MAIN POINT OF CONTACT.**





# ATTENDANCE AT OASIS ACADEMY LISTER PARK

YEAR 7 ATTENDANCE CHAMPIONS NIKOLA, PATRYNA AND VERONIKA ARE COMMITTED TO HAVING GOOD ATTENDANCE; MAKING SURE THEY ATTEND SCHOOL EVERY DAY. THEY WORK WITH THE ATTENDANCE TEAM, SUPPORTING OTHER STUDENTS TO IMPROVE THEIR ATTENDANCE AND GIVING STAFF AN INSIGHT INTO THE CHALLENGES YOUNG PEOPLE FACE WITH SCHOOL ATTENDANCE.

WHY DO YOU THINK IT'S IMPORTANT TO COME SCHOOL EVERY DAY?

NM: TO GET AN EDUCATION TO SET YOU UP FOR THE FUTURE. EDUCATION HELPS YOU GET A GOOD JOB WHEN YOU GROW UP.

PM: TO BE WITH FRIENDS AND BECOME SMARTER! MATHS IS MY FAVOURITE SUBJECT!

VD: TO LEARN THINGS YOU HAVE NEVER LEARNED BEFORE. I COME TO SCHOOL EVERY DAY BECAUSE THE LESSONS ARE FUN!

HOW CAN GOOD ATTENDANCE HELP YOU WITH YOUR PLANS FOR THE FUTURE?

VD: IT WILL HELP ME TO GET A GOOD JOB AS A POLICE OFFICER OR SOCIAL WORKER. I REALLY LIKE HELPING PEOPLE.

PM: I WILL BE ABLE TO BUY NICE THINGS AND GET A JOB I ENJOY. I THINK I WANT TO BE AN ENGLISH TEACHER OR SUPPORT WORKER.

NM: I WANT TO BE A TEACHER OR SOCIAL WORKER BECAUSE I LIKE TO LOOK AFTER PEOPLE.

WHAT ARE YOUR TOP TIPS FOR HAVING GOOD ATTENDANCE?

NM: PREPARE YOUR THINGS THE NIGHT BEFORE. CHECK YOUR TIMETABLE, DO YOUR HOMEWORK, CHARGE YOUR IPAD AND GET YOUR UNIFORM READY.

VD: MAKE DENTIST APPOINTMENTS AFTER SCHOOL OR DURING HOLIDAYS. ALSO, IF YOU TAKE A PHOTO OF YOUR TIMETABLE ON THE IPAD, YOU WILL ALWAYS KNOW WHAT LESSONS YOU HAVE.

PM: HAVE A GOOD NIGHT'S SLEEP AND SET AN ALARM SO YOU HAVE ENOUGH TIME TO GET TO SCHOOL.

NM: HAVE BREAKFAST!

VD: COME TO SCHOOL EVEN IF YOU ARE GOING TO BE LATE; IT'S BETTER TO MISS ONE LESSON THAN SIX!

AT LISTER PARK, WE ARE COMMITTED TO ENSURING YOUR CHILD GETS THE BEST START IN LIFE POSSIBLE AND GOOD ATTENDANCE IS CRUCIAL TO THIS; AND FOR THEIR WELLBEING AND DEVELOPMENT TOO! IF YOU WOULD LIKE TO DISCUSS YOUR CHILD'S ATTENDANCE, PLEASE CONTACT THE ATTENDANCE TEAM. WE ARE DEDICATED TO SUPPORTING YOUR FAMILY HOWEVER WE CAN.

MISS STEPHENSON, MRS KOZAK AND MR ALI - ATTENDANCE TEAM



# SAFER INTERNET DAY



Safer  
Internet  
Day 2022

**ALL FUN AND GAMES? EXPLORING RESPECT AND RELATIONSHIPS ONLINE - THIS YEAR'S SAFER INTERNET DAY THEME. AT OALP STUDENTS HAVE HAD THE OPPORTUNITY TO DISCUSS, DEBATE AND ASSESS WHAT POSITIVE RELATIONSHIPS ONLINE LOOK AND FEEL LIKE. STUDENTS HAVE EXPLORED HOW WHAT SEEMS LIKE A POSITIVE RELATIONSHIP CAN BE DANGEROUS AND HOW TO RECOGNISE THE TELL-TALE SIGNS. THEY HAVE BEEN EDUCATED ON IDENTIFYING KEY FEATURES OF FAKE ONLINE PROFILES AND HOW TO PROTECT THEMSELVES FROM BECOMING TARGETS.**

**A PRE PANDEMIC SURVEY CARRIED OUT SHOWED 45% OF 13-17-YEAR-OLDS WERE ONLINE ALMOST CONSTANTLY, AND A MORE RECENT SURVEY CARRIED OUT BY CHILD NET FOUND THAT 77% OF YOUNG PEOPLE WERE USING ONLINE APPS MORE THAN EVER BEFORE. 95% OF YOUNG PEOPLE WERE FOUND TO BE USING SNAPCHAT, INSTAGRAM AND TIK TOK TO COMMUNICATE WITH OTHERS DAILY.**

**THESE STATISTICS ARE EVIDENT THAT OUR YOUNG PEOPLE ARE VERY SOCIABLE ONLINE. AS AN ACADEMY WE ARE SUPPORTING STUDENTS IN MAKING THE RIGHT CHOICES AND WOULD LIKE TO EXTEND THIS INFORMATION TO PARENTS AND CARERS SO THAT YOU ALSO CAN SUPPORT YOUR CHILDREN IN MAKING DECISIONS THAT ARE SAFE. HAVE A LOOK AT THE TIPS AND LINKS BELOW WITH SOME SUGGESTIONS ON HOW TO GET YOU STARTED AND HELP YOUR CHILD TO STAY SAFE AND POSITIVE ONLINE.**

## Having conversations without judgement.

Whether by playing games, watching videos, or doing things your child enjoys, spending time together online is a great way to start conversations about the online world and how they're finding being a part of it. It is important to ask questions and take an interest in what your child enjoys online. An essential part of having this open dialogue is to not judge, even if their behaviour or life online isn't what you wanted or expected. This ensures that your child feels they can come to you if ever they make a mistake or experience a problem online.



## Knowing where you can learn more about their favourite apps and games.

Websites like Common Sense Media or The Family Gaming Database can be invaluable sources of information. When your child starts talking about a new game or app, why not do some research into the reporting and blocking options available? Then you can help your child if they come to you with an issue.

## Getting support if things go wrong.

There are lots of organisations who are there to support you and your family if something has gone wrong. The [Report Harmful Content website](#) can help you with issues such as cyberbullying, impersonation and threats. You can report worrying behaviour towards children to [CEOP](#).



## Reassuring your child that whatever happens online, you are there to support them.

Let your child know that the best way to address any problem they have online, is to tell a trusted adult immediately. For example, this might include someone sending them a friend request; an online message; telling them to visit a specific website, or app; or asking them for their personal information. Reassure them that if anything happens online that they are unsure about, or makes them feel worried or upset, they can come to you for help. them to visit a specific website, or app; or asking them for their personal information.

**AS AN ACADEMY WE HAVE ISSUED IPADS TO ALL STUDENTS IN YEAR 7 THROUGH TO YEAR 13. THESE IPADS ARE TO SUPPORT LEARNING IN AND OUT OF THE CLASSROOM. EVERY IPAD HAS FILTERING, AND MONITORING SOFTWARE INSTALLED ON THEM TO PROTECT STUDENTS FROM ACCESSING INAPPROPRIATE MATERIAL. PLEASE HAVE AN OPEN DIALOGUE WITH YOUR CHILD ABOUT THEIR IPAD USE AND WHEN AT HOME PLEASE MONITOR CONTENT AND SCREEN TIME.**

## Safeguarding Message

We understand this is a difficult time for many families in our community. We regularly update our website with contact details for agencies that can help you with your mental health, foodbanks and many other types of support. For more information, please contact the academy by phone or email.



# COMMUNITY HUB

**HI EVERYONE, THERE WILL BE LOTS OF OPPORTUNITIES FOR YOU TO GET INVOLVED IN THE COMMUNITY HUB THIS YEAR, CONTACT JADE FOR MORE DETAILS: [JADE.IBEGBUNA@OASISLISTERPARK.ORG](mailto:JADE.IBEGBUNA@OASISLISTERPARK.ORG)**

**HERE ARE A COUPLE OF EVENTS THAT HAVE TAKEN PLACE SO FAR:**

## **THE MILLS ARE ALIVE PROJECT**

**OUR VERY OWN HAFSA AL-JANABI AND HER FAMILY WERE GIVEN THE OPPORTUNITY TO WORK ON A HERITAGE PROJECT EXPLORING THE LIVES OF PEOPLE THAT HAVE CALLED MANNINGHAM HOME. HAFSA WAS INVITED TO BCB STUDIOS TO RECORD EXTRACTS OF PEOPLE'S LIVES IN MANNINGHAM THROUGH TIME, ALONG WITH CONTEMPORARY EXPERIENCES OF MANNINGHAM.**

**WELL DONE HAFSA AND WE LOOK FORWARD TO SEEING THIS FANTASTIC EVENT IN MARCH: THE MILLS ARE ALIVE**



## **The Mills Are Alive**

**in Manningham**

Join us for an epic projection show which will illuminate the Lister Mills' chimney this March.

The Mills Are Alive will use music, light and colour to share the histories and imagined futures of Manningham and its people.

From stories of previous mill workers to the dreams of local school children, see the building come to life and celebrate the rich cultures of our community.

## **'PEACEJAM' PROGRAMME**

**OUR YEAR 9 STUDENTS WERE TREATED TO A VERY SPECIAL ASSEMBLY FROM BRADFORD UNIVERSITY STUDENTS AS PART OF THE 'PEACEJAM' PROGRAMME. 'PEACEJAM' WORKS WITH STUDENTS ACROSS THE WORLD TO EDUCATE, INSPIRE AND TAKE ACTION ON ISSUES THAT AFFECT US ALL. AFTER HALF TERM WE WILL BE STARTING WORKSHOPS AND YOU CAN JOIN AFTER SCHOOL. MORE INFORMATION WILL BE COMING SOON.**



# STUDENT LEADERSHIP

HEY EVERYONE, I'M A MEMBER OF THE STUDENT LEADERSHIP TEAM HERE TO SPREAD A BIT OF LIGHT UPON THE TOPIC OF YOUR MENTAL WELLBEING. 2022, A NEW YEAR FILLED WITH SO MUCH OPPORTUNITY FOR ALL OF US. WE'VE ALL GOT MULTIPLE DIFFERENT RESOLUTIONS, GOALS AND PLANS. WITH ALL OF THAT ITS IMPORTANT TO REMEMBER THE IMPORTANCE OF MENTAL HEALTH. NO ONE SHOULD FEEL EMBARRASSED BY THE STIGMA THAT MAY BE SUSTAINED BEHIND IT. I WANT TO REMIND EVERYONE READING THIS THAT IT IS OKAY TO NOT BE OKAY. HOW YOU CHOOSE TO HANDLE THE FEELINGS YOU MAY ENCOUNTER IS UP TO YOU, BUT I CAN SAY THAT THERE ARE MULTIPLE PEOPLE AND SYSTEMS THAT CARE FOR YOUR WELLBEING.

WHETHER YOU'RE FEELING ANXIOUS OR NERVOUS ABOUT SOMETHING COMING UP OR UPSET ABOUT SOMETHING THAT MAY HAVE HAPPENED; HELP IS OUT THERE FOR EVERYONE, NO MATTER WHAT. WE ALL SHOULD BE COMFORTABLE TO TALK TO SOMEONE THAT WE TRUST ABOUT WHAT WE MAY BE FEELING, THAT CAN RANGE FROM PARENTS, SIBLINGS, TEACHERS AND YOUR FRIENDS. ITS ALL BASED UPON WHAT YOU WANT BECAUSE HERE IN OUR ORSIS COMMUNITY, YOU DO MATTER.



MENTAL HEALTH IS A SUBJECT THAT IS RARELY DISCUSSED IN SCHOOL AMONGST TEACHERS AND STUDENTS ALIKE. FOR SOME REASON, IT IS AS IF THERE IS SOME SORT OF TABOO AROUND THE TOPIC, DESPITE THE FACT THAT THERE ARE MANY CASES OF DEPRESSION CAUSED BY A POOR STATE OF MIND. WE MAY NOT NOTICE, BUT WE'RE ALL AFFECTED BY THIS ISSUE, ESPECIALLY AROUND ASSESSMENT TIME, JUST LIKE NOW. THE WAY WE CONSTANTLY PANIC AND EVEN COME TO SCHOOL IN HYSTERICS OVER AN UPCOMING CYCLE EXAM IS JUST ONE COMMON EXAMPLE OF POOR MENTAL HEALTH THAT WE HAVE ALL EXPERIENCED. JUST REMEMBER, MOST OF THE PRESSURE YOU HAVE ON YOU, IS CAUSED BY YOURSELF; EVEN IF YOU MAY HAVE PREPARED FOR A BIG EVENT AND EVEN PRACTICED FOR IT, WHY IS IT THAT WE CANNOT HELP BUT TO PANIC?

THE EXAMPLE I GAVE ABOVE IS ONE OF UNNECESSARY FEAR AND ANXIETY, IT CAN COMPLETELY RAVAGE THE MOST STABLE MINDS AND CAUSE UNNEEDED WORRY. FOR THIS SITUATION SPECIFICALLY, I WOULD SAY, NEVER FEEL LIKE YOU'RE NOT DOING ENOUGH BECAUSE YOU DON'T REVISE FOR 5 HOURS AFTER SCHOOL AND 9 ON THE WEEKEND. NO. GO OUT, GET SOME SUN, ENJOY THE FRUITS OF YOUTH, BUT ALWAYS BE PREPARED FOR WHEN FOCUS IS REQUIRED IN SCHOOL. IT SEEMS LIKE MOST OF THE CAUSES FOR POOR MENTAL HEALTH IS SCHOOL, RIGHT? WELL, THERE ARE MANY OTHER FACTORS CONTRIBUTING TO THIS WORLDWIDE ISSUE BUT THIS IS JUST ONE OF THE BIGGER ONES. IN SUMMARY, PUSH YOURSELF TO YOUR LIMITS, NOT OVER THEM.

IF THERE'S SOMETHING IMPORTANT THAT IS REQUIRED TO BE ELABORATED ON, IT WOULD MOST CERTAINLY BE BOTH OUR FELLOW STAFF AND STUDENTS' MENTAL HEALTH AND WELLBEING. PD (PERSONAL DEVELOPMENT) LESSONS HAVE ALREADY PAID A MASSIVE CONTRIBUTION TO THE IDEA OF MENTAL HEALTH - ALTHOUGH AS MEMBERS OF THE STUDENT LEADERSHIP TEAM - I CAN DESCRIBE MANAGING YOUR MENTAL HEALTH AND WELLBEING NOT ONLY AS JUST A SCHOOL TOPIC, BUT AN EXTREMELY FUNDAMENTAL LIFE SKILL THAT WILL DEFINITELY HAVE REQUIRED USE SOME TIME DOWN THE LINE. SOME KEY IDEAS TO BOTH STUDENTS AND STAFF ARE:

1. DON'T ALLOW YOUR HINDSIGHT BIAS TO COMPROMISE YOUR DEVELOPMENT. USUALLY WHEN WE MAKE MISTAKES, BOTH INSIDE AND OUTSIDE SCHOOL, WE OFTEN (AND I CAN AGREE THAT I'VE HAD THIS ISSUE MYSELF) DON'T REFLECT ON OUR OWN ACTIONS AND INSTEAD BLAME EXTERNAL FACTORS SUCH AS THE DAY, THE PEOPLE AROUND YOU, OR EVEN STAFF. ALWAYS TAKE ONE STEP BACK AND LOOK AT THE SITUATION AND WHERE YOU COULD HAVE IMPROVED RATHER THAN BLAMING OTHERS.
  2. KEEP A FIRM GRASP ON WHAT THE TRUTHS/HYPOTHETICALS ARE OF A SCENARIO. BY THIS I MEAN THAT WE, AS HUMANS, ARE ALL GUILTY OF OVERESTIMATING OR BECOMING ANXIOUS ON SOMETHING THAT DOESN'T NEED US TO BE. A COMMON MISTAKE IS THAT WE BECOME VERY ANXIOUS WHEN DOING EXAMS; ACCEPT THE FACT THAT THE EXAM'S OVER AND MOVE ON - ESPECIALLY IF YOU'RE DOING LOTS OF EXAMS AS YOU NEED TO KEEP A FRESH, STABLE MIND. AND MOST IMPORTANTLY, DON'T ALLOW ONLY YOUR GRADES TO DEFINE YOUR PERSONALITY - YOU'RE WORTH SO MUCH MORE!
  3. MAKE SURE YOU'RE SURROUNDING YOURSELF WITH THE RIGHT PEOPLE: DID YOU KNOW THAT STUDIES SHOW 95% OF OUR FUTURE IS DETERMINED BY THE PEOPLE WE HANG OUT WITH? THEY CAN HAVE A HUGE INFLUENCE ON US WITHOUT US EVEN KNOWING IT! ALWAYS BE WITH THE RIGHT PEOPLE AS THEY'LL MOTIVATE YOU TO BECOME A GOOD PERSON; THE SAME CAN BE SAID OUTSIDE SCHOOL TOO. THE EASIEST WAY FOR SUCCESS WITH BOTH MORAL HABITS AND GRADES IS TO BE WITH THE PERSON WHO YOU WISH TO BE.
- TO EVALUATE, ITS VERY UNDERSTANDABLE THAT WITH THE PANDEMIC WE HAVE HAD A PROFOUND AMOUNT OF ISSUES THAT NEED FIXING. IT'S IMPORTANT THAT WE STAY OPTIMISTIC RATHER THAN PESSIMISTIC FOR NOT ONLY OURSELVES, BUT OTHERS TOO. MENTAL HEALTH WILL DEFINITELY BE SOMETHING THAT WILL APPEAR SOONER OR LATER IN YOUR LIFE, SO AS MENTIONED PREVIOUSLY, TAKE THESE 3 TIPS INTO CONSIDERATION! BEST OF LUCK TO THE YEAR 11S WHO ARE DOING THEIR MOCKS (ITS CERTAINLY DIFFICULT WITH THE RIGID TIME-FRAME)!

