



A fresh approach to parenting

Let us be your 'bringers of hope'



HOW WOULD YOU ANSWER THESE QUESTIONS?

Have your relationships with your children broken down?

Have you tried everything under the sun and feel like giving up, or have you?

Do you feel like no one really understands how hard it is?

Are you willing to try something new to restore your relationship with your child?

IF YOU ANSWERED, 'YES'...



YOU ARE INVITED TO JOIN US

The ENCOUNTER course is based on an internationally recognised approach by Haim Omer to help support parents and care-givers within their home. The course provides a safe space for people to come together and look at what some of the challenges you face are and provide some tools and techniques to help you when things might be tough. We will teach you these techniques over 10 weeks and offer real support to make a real success.

You can select one of the online courses to attend:

Monday: 7pm-8:30pm

Monday: 7pm-8:30pm (Specialist group for children who struggle to attend school)

Tuesday: 12:30pm-2pm

Thursday: 10:30am-12.30pm

Courses begin January 15th 2024

## THE ENCOUNTER COURSE

**Week One:**  
Introduction & Overview

**Week Two:**  
Parental Presence & Self-Care

**Week Three:**  
Reconciliation & Relational Gestures

**Week Four:**  
De-escalation

**Week Five:**  
Supporters & Siblings

**Week Six:**  
Accommodating Behaviour

**Week Seven:**  
Baskets & Announcements

**Week Eight:**  
Announcements

**Week Nine:**  
Sit-ins

**Week Ten:**  
Review and Graduation

Looking after any child is difficult and when there are extra challenges this can at times become overwhelming and we can all do with a bit of help. This programme will look at the reason behind behaviours, how we can learn from them, what is the best way to approach some situations and how we can diffuse them with the least amount of resistance from our young person. We will also look at the relationship you have as a whole and where you would like to be so we have something to help you work towards.

This approach has helped thousands of families all around the world, and we would like to invite you to take part.

Change and transformation is not easy, but it can be achieved - one step at a time.

You will have the support of a team of experienced practitioners and other parents who are experiencing similar issues to you. We will walk with you every step of the way

## CONTACT US FOR MORE INFO OR TO REFER YOURSELF:

click the link below or scan the code to complete a referral form and the team will be in touch shortly:



<https://forms.office.com/e/6a80UaDeZT>

[oasisencounter@oasisuk.org](mailto:oasisencounter@oasisuk.org)

I have found it helpful to pause, reassess and reconsider our son and his behaviour and the best way to support him, in a fair but compassionate way.



This course is online and free to attend but requires full commitment to the 10 weeks. We will celebrate all achievements no matter how small

Oasis  
**ENCOUNTER**