



# KS3 Y7-9 HOME LEARNING

Oasis Academy Lister Park

# Instructions

- Throughout the period of time you will be at home, there will be a weekly task uploaded for you to complete these may also include some practical activities that you can do at home to allow you to keep active!
- Once you have completed your work for that week, your teacher will re read your work and give you feedback on certain areas that you may need to improve.

- Each week you will look at a different sport that you have covered in your PE lessons.



# Football Week 1 – Rules

List 3 rules in football?

1.

2.

3.

Describe what each rule means:

1.

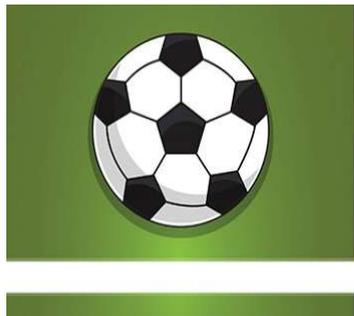
2.

3.

# Scoring Systems

1. How do you score a goal in football?

2. From the diagram below put an 'x' in the box that's signals a goal being scored.



In question 2 you selected one of the two diagrams. Why does the one you chose signal that a goal has been scored?

# Officials

Below you will see a number of pictures of officials. Draw an arrow to the correct statement which describes what the official is doing in the picture.



The referee playing advantage.

The referee sending a player off.

The referee giving a free kick.

The linesman signalling a throw in.



# Football Scenarios

1. Lionel Messi is running with the ball towards the goal and the defending players tackles Messi unfairly, outside the penalty area when Messi was about to shoot. What would the official do in this situation?
2. Jordan Henderson handles the ball inside his own penalty area. What would the official do in this situation?
3. Paul Pogba takes a free kick before the official has blown his whistle to allow the free kick to be taken. What would the official do in this situation?

# Football Scenarios

1. Raheem Sterling is running down the wing and has his shirt pulled by an opposing player. What would the official do in this situation?
2. Trent Alexander – Arnold takes a throw in but the officials deem it to be a foul throw. What would the official do in this situation?
3. Sergio Ramos is defending a corner for his team and handles the ball in the area when attempting to clear the ball. What would the official do in this situation?