

## Oasis Academy Lister Park Personal Development Curriculum: Year 8

In Year 8, the Personal Development curriculum builds upon the prior knowledge from Year 7 in regard to understanding inclusivity and equality. Students are introduced to citizenship, examining extremism, radicalisation and the criminal justice system. Love and relationships are reintroduced with a more mature focus of family and personal relationships. Students are introduced to key issues surrounding legal substances and the effect on mental health. Students are introduced to the careers curriculum through 'employable me' which begins to examine skills they need to develop in order to be successful in later academic years and especially in the workplace.

YEAR 8	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Title	Relationships	Citizenship	Love and Relationships	Love and Relationships	Employable Me	Self – Care (Drugs)
	<ul style="list-style-type: none"> <li>• <i>Linking to Year 7 and the Oasis Ethos to describe what respect is in all types of situations including when we disagree with others</i></li> <li>• <i>Describing inequalities in society and what laws are in place for this</i></li> <li>• <i>Describing where to seek support in school and wider society where there are inequalities</i></li> <li>• <i>Examine elements within politics that try to create a fairer society, evaluating how effective they are</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>Linking to Year 7 and respect to examine how to manage conflict in a safe and respectful way. Focus on cyber bullying.</i></li> <li>• <i>Linking to Year 7 and extremism, radicalism and peer pressure to discuss issue of gangs</i></li> <li>• <i>Exploring the criminal justice system and the nature and purpose of prisons</i></li> <li>• <i>Describing other forms of punishment that exist and the consequences</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>Different types of stable relationships e.g. hetero/homo/reconstituted /blended and discussing the importance for raising children and emotional and domestic labour</i></li> <li>• <i>Legalities and rights associated with marriage, separation, divorce and cohabitation</i></li> <li>• <i>Identifying feelings associated with family changes including loss, separation, divorce and bereavement and how to manage these emotions</i></li> <li>• <i>Describing a single parent family and reasons for single parent families and 'myths'</i></li> <li>• <i>Describing 'modern families', emotions and new roles</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>Qualities of healthy and unhealthy relationships with friends, family and work</i></li> <li>• <i>Consent in a familial and friendship context. Rights and responsibilities.</i></li> <li>• <i>Describing how to manage romantic relationships safely, in particular online</i></li> <li>• <i>Identifying emotions in a relationship and post-break up effectively</i></li> <li>• <i>Explaining how to deal sensibly with the digital aspect of relationships</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>Describing different types of study, organisational and research skills and what is suited to different types of work/study</i></li> <li>• <i>Identifying own skills and strengths through online questionnaire and how these could be used in the workplace</i></li> <li>• <i>Describing the difference between an achievable and an unobtainable goal and how to set ambitious goals</i></li> <li>• <i>Describing stereotypical expectations and explaining how to respectfully challenge them</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>Identifying what drugs are and explaining why drugs are taken</i></li> <li>• <i>Identifying the difference legal and illegal drugs</i></li> <li>• <i>Identification of the problems of legal highs and prescription substances</i></li> <li>• <i>Explain the effects of drugs on the body, in particular, sugar, caffeine and illegal substances</i></li> <li>• <i>Identifying what alcohol is and explaining an unhealthy relationship with alcohol is</i></li> <li>• <i>Explaining the impact of the misuse of alcohol and drugs on mental and physical health</i></li> </ul>